

## EAST GRAND FORKS



# Gluten Free\* Café Menu

### BREAKFAST

please specify with your server that you are ordering off of the gluten-free\* menu so that we can best accommodate you

breakfast sandwich 13.5 bacon, eggs, and cheese on gluten-free\* bread

oatmeal 10 served until 11:00 am oats, milk of choice, seasonal jam, brown sugar add almond butter 4

yogurt and granola 11 plain yogurt, local honey, seasonal jam, pistachio granola

smörgåsbord 16 soft boiled egg\*\*, ham or smoked salmon, swiss, cornichons, gluten-free\* bread, butter, jam

a little breakfast 8 gluten-free\* toast or breakfast pastry, soft boiled egg, jam

## **SIDES + SNACKS**

tots 6 potato chips 2.5 gluten-free\* bread or toast 3.5 soft boiled egg\*\* 3 jam 2

### **BAKED GOODS**

SELECTION VARIES DAILY gluten-free\* white bread seasonal meringue (gf\*) coconut macaroon (gf\*) tahini monster (gf\*/v) pistachio rose muffin (gf\*) ask your server about our gluten-free\* sweets options

## SANDWICHES + TOASTS

all sandwiches and wraps served with chips sub chips for tots or greens 3

sprinkle 8.5 gluten-free\* toast, cinnamon almond butter, rainbow sprinkles

white bean 9.5 gluten-free\* toast, white bean dip, pickled onions, capers

baloney 2.0 14.5 local baloney, mayo, pickle dip, chips, lettuce, on gluten-free\* bread

the bernie 15.5 turkey, ham, or white bean, brie, lettuce, tomatoes, onions, pickled peppers, olives, pickles, vinaigrette, on gluten-free\* bread

the wondersub 15.5 salami, ham, havarti, lettuce, pickled peppers, olives, vinaigrette, mayo, oregano, on gluten-free\* bread

pickle grilled cheese 13.5 havarti, dill pickles, sriracha ranch mayo, on gluten-free\* bread add ham, turkey, or bacon 2

patty melt 16.5 beef patty, grilled onions, swiss, pickles, special sauce, on gluten-free\* bread

piglet 12.5
ham, mayo on gluten-free\* bread

#### SALADS

big green salad 18 greens, avocado, bacon, pickled onions, tomatoes in season, radishes, choice of dressing, smoked salmon or chicken served with gluten-free\* bread

side salad 5

dressing: house ranch, mustard vinaigrette, dill vinaigrette, caesar, green goddess, honey mustard

\*gluten-friendly, our gluten free menu items are produced in a kitchen that is not strictly gluten free \*\*consuming raw or undercooked eggs may increase your risk of foodborne illness