

EAST GRAND FORKS



Vegan Café Menu

BREAKFAST

please specify with your server that you are ordering off of the vegan menu so we can best accommodate you

oatmeal 10 served until 11:00 am

oats, almond milk or oat milk, seasonal jam, brown sugar add almond butter 4

pistachio granola 9.5

pistachio granola, jam, almond milk or oat milk

TOASTS

sprinkle 8

thick whole wheat toast, almond butter, rainbow sprinkles

white bean 9

thick sourdough toast, white bean dip, pickled onions, capers

SANDWICHES

sandwiches served with chipssubstitute side of chips for tots or greens 3

the vegan bernie 15

white bean dip, lettuce, tomatoes, onions, olives, pickles, pickled peppers, vinaigrette on baguette or focaccia

SALADS

vegan big green salad 13

greens, avocado, pickled onions, radishes, tomatoes in season, dill vinaigrette served with sourdough

vegan beany briny salad 15

white bean dip, local greens, giardiniera, served with sourdough

SIDES + SNACKS

local greens with house vinaigrette 5 tots 6 potato chips 2.5 bread or toast 3 jam 2

BAKED GOODS

SELECTION VARIES DAILY

ask your server about our vegan sweets options

vegan breads

sourdough boule 8 whole wheat 10 rugbrød 12 baguette 8 mini baguette 4 focaccia 8

KIDDOS (12 and under)

served with fruit

oatmeal 5 available until 11am add almond butter 2

sprinkle toast 8

pb&j 5

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